

Fredericksburg Orthopaedic Associates, PC

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VISA, a Division of FOA



VIRGINIA INTERVENTIONAL
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Education

**Virginia Interventional Spine Associates
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540-374-3233
Neurontin / Lyrica Titration Schedule**

Please follow the below instructions in order to safely and effectively begin Neurontin / Lyrica as prescribed by your Practitioner. Please contact the office (540-374-3233) if you note side effects from the medication. It is normal for the medication to initially make you drowsy, experience slight blurred vision and have difficulty concentrating all of which subsides as your body accommodates to the medication. Taking the medication as listed below will assist in preventing side effects.

- Days 1-3
Take one capsule at bedtime.
- Days 4-6
Take one capsule every 12 hours.
- Days 7-9
Take one capsule every 8 hours.

Continue taking one capsule every 8 hours until instructed otherwise.

If you would like to have access to our FollowMyHealth patient portal where you can send messages directly to your provider, the nursing staff, the reception staff to make or cancel appointments or to our insurance representative, please complete a portal request form at the front desk in our office or send us a message through the "contact us" form on our website at www.visarelievespain.com. We will need your name, date of birth and email where you would like the portal invitation sent.